



**Job Description:** Clinical Mental Health Counselor (Interdisciplinary Team)

**Position Overview:** We are seeking a highly skilled and compassionate Clinical Mental Health Counselor to join our interdisciplinary team, where you will play a vital role in providing comprehensive care that addresses both mental and physical health needs. As a part of our team, you will collaborate closely with other healthcare professionals, including physicians, nurses, and many specialists, to ensure holistic treatment and promote overall well-being. This position offers a unique opportunity to work in a dynamic and supportive environment where you can make a significant impact on patients' lives beyond the counseling session.

**What Makes Us different:** We are a team of specialists that work together to help clients become healthy holistically. Physical and mental health are important parts of our treatment of clients, including counseling, psychiatry, physical therapy, occupational therapy, personal training, yoga, mindfulness, and exercise classes. As a part of the team, you will contribute knowledge, skill, and experience to making client's lives better through collaboration with the team.

**Responsibilities:**

- **Conduct Mental Health Assessments:** Perform comprehensive assessments to identify mental health concerns, diagnose conditions, and develop personalized treatment plans. Assessments may include interviews, observations, and psychological testing.
- **Provide Individual Counseling:** Offer one-on-one counseling sessions to clients, utilizing evidence-based therapeutic approaches to address a range of mental health issues such as depression, anxiety, trauma, and substance abuse. Help clients develop coping strategies, enhance self-esteem, and improve overall emotional well-being.
- **Collaborate with Interdisciplinary Team:** Actively participate in interdisciplinary team meetings, providing valuable insights into the mental health aspects of patients' care. Collaborate with healthcare professionals from various disciplines to develop integrated treatment plans that address both physical and mental health concerns.
- **Consultation and Education:** Offer consultation services to healthcare professionals within the interdisciplinary team, providing guidance on mental health issues and interventions. Educate team members about the impact of mental health on physical well-being and vice versa.

- **Crisis Intervention:** Assess and manage crisis situations, providing immediate support and intervention for patients experiencing acute mental health crises. Coordinate with emergency services and other healthcare providers as necessary.
- **Group Therapy Facilitation:** Lead therapeutic group sessions to address common mental health concerns, such as stress management, grief support, or addiction recovery. Create a safe and supportive environment that encourages open dialogue and facilitates healing.
- **Maintain Accurate Documentation:** Ensure timely and accurate documentation of assessments, treatment plans, progress notes, and other relevant information in accordance with legal and ethical guidelines. Maintain confidentiality and adhere to HIPAA regulations.
- **Stay Current with Research and Best Practices:** Stay abreast of the latest research, developments, and evidence-based practices in mental health counseling. Attend conferences, workshops, and continuing education programs to enhance professional knowledge and skills.

**Qualifications:**

- Master's degree or higher in Clinical Mental Health Counseling or a related field.
- Valid license or certification as a Mental Health Counselor (e.g., Licensed Professional Counselor, Licensed Clinical Mental Health Counselor) in the relevant jurisdiction.
- Experience in a clinical setting, preferably within an interdisciplinary team environment.
- Strong knowledge of various therapeutic modalities and evidence-based practices.
- Ability to assess, diagnose, and treat a wide range of mental health disorders.
- Excellent communication skills, both verbal and written, to collaborate effectively with team members and communicate complex concepts to patients.
- Empathy, compassion, and the ability to establish rapport with diverse populations.
- Strong crisis intervention skills and the ability to work effectively under pressure.
- Proficiency in maintaining accurate and confidential documentation.
- Dedication to ongoing professional development and staying updated with advancements in the field.

To apply please send a resume to [Rose@centerforrenewedminds.com](mailto:Rose@centerforrenewedminds.com) or reach out for additional information. Feel free to check out our website at <https://www.centerforrenewedminds.com/>.